

BB playgroup (Building Blocks playgroup)
Playgroup for children aged 0-5yrs. Bring a piece of fruit and a water bottle for your child.

LG playgroup (Learn and Grow playgroup)
Playgroup for children aged 0-5yrs. Bring a piece of fruit and a water bottle for your child.

EY playgroup (Early Years playgroup)
Playgroup for you and your young child aged 0 – 18 months.

It takes a Village
If English isn't your first language and if you migrated to Australia more than 5 years ago, this playgroup is for you. Facilitated by Save The Children. For enquiries contact **0439 852 917**.

PTHR Read and Sing
Come and join in the fun as we read, sing and get creative through craft. Stories and activities are suitable for children aged 3-5 years, but all are welcome. Supported by Paint the Highway REAd. **Bookings essential.**

3-Year-old Kindy transition playgroup
9-week block of sessions for parents to attend with their child who will be attending Kindy the following year. This transition playgroup focuses on school readiness and how you can support your child's early learning. Limited places. **Bookings essential.**

Speech Therapist Telephone Talk
Speech Therapist, Anna is available for parents with children aged 0 to 8 years to discuss any concerns regarding speech and language development. (15-minute sessions) **Bookings essential.**

Father's Day BBQ and Games Afternoon
Dads, Step-Dads, Grand-Dads or Father figures welcome to attend with their kids from 0 to 8 years. Come along to enjoy a BBQ and Games Afternoon with your child. Supported by the City of Gosnells. **Bookings essential for catering purposes.**

Dad's Stuff
This friendly, informal workshop contains tips and strategies for building strong relationships with your child that promotes positive relationships in the family. Facilitated by Department of Education. **Bookings essential.**

Gos Talks - Building Courage & Resilience in Children (at Don Russell Performing Arts Centre)
Karen Young, psychologist and author, how children can shift anxiety and how to respond to anxiety in the moment to make way for calm and courage.

Hassle Free Shopping (Crèche available)
In this workshop parents develop individualised plans to manage behaviour during their shopping trips. Facilitated by Department of Education. **Bookings essential.**

Exploring Parenting through Creative Activities (Crèche available)
Join us for some journaling, scrapbooking and creative activities. We will get creative and explore our strengths and struggles in parenting, celebrate our children's uniqueness, and identify future goals for our families - and ourselves as parents. Facilitated by Communitcare. **Bookings essential.**

Power of Positive Parenting (Crèche available)

This Triple P workshop will address how to create a positive, safe and engaging learning environment. Offer tips on how to look after yourself as a parent. Facilitated by Department of Education. **Bookings essential.**

Raising Confident Kids (Crèche available)

In this Triple P workshop parents are introduced to core building blocks for children to become confident and successful at school and beyond. Facilitated by Department of Education. **Bookings essential.**

Raising Strong and Resilient Kids (Crèche available)

This Triple P workshop looks at some core skills that are important for children and their development. It will address how you can support your child's learning so they can become confident, get along with others and succeed at school. Facilitated by Department of Education. **Bookings essential.**

Who's the Boss Now (Crèche available)

This workshop will address parenting through the generations. Different parenting styles, how to apply warmth and boundaries whilst using assertiveness to ensure your child follows the ground rules. Facilitated by Department of Education. **Bookings essential.**

Book Week Event PTHR – Stories and Craft (at Kenwick Library)

Join the Paint the Highway REAd Mascot Possums and our Speech Therapists for some book and craft fun at Kenwick Library to celebrate Book Week. Facilitated in partnership with City of Gosnells. **Bookings essential.** <https://www.eventbrite.com.au/o/city-of-gosnells-library-services-14227190044>

Tantrums (Crèche available)

This workshop provides some suggestions to help parents manage tantrums and teach your child to calm down quickly. Facilitated by Department of Education. **Bookings essential.**

Immunisation clinic

Fortnightly immunisation clinic. Please call **6151 1308** to make an appointment.



Child and Parent Centre - East Maddington

**79 Pitchford Avenue (access via Westfield Street)
MADDINGTON WA 6109 T 08 9452 7882
E: CPCEastMaddington@centrecare.com.au**

Child and Parent Centre's are a State Government initiative. Your Child and Parent Centre – East Maddington is run by Centrecare in partnership with East Maddington Primary School.

Please do not attend if you or any of your family are experiencing flu like symptoms. Thank you for your cooperation.



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TERM 3 2021

**For parents, carers and young children
from birth to 8 years.**



In partnership with